

**OUR MISSION
PREVENT CANCER FIRST!!!**



**PERSONAL
CHEMICAL
EXPOSURE
JOURNAL**



UNIFOR
the Union | Canada

EXPOSURE DATA

Personal property of:

Workplace Area	Chemical	Chemical	Date
Location	Abstract #		

Name: _____

Address: _____

Postal Code: _____

Phone: _____

Cell: _____

Workplace: _____

Local Union: _____

Emergency Contact: _____

EXPOSURE DATA

Workplace Area	Location	Chemical	Chemical Abstract #	Date

The purpose of this Journal is to provide a record of hazardous chemical substances that you have come into contact with through your work history.

This Journal is a valuable resource.

These records can serve to provide necessary information to Doctors, Union Representatives and the Provincial Compensation Board in the event that you become ill from workplace exposure to hazardous chemicals.

In Canada, every material that is controlled by the Workplace Hazardous Materials Information System (WHMIS) and must have an accompanying Material Safety Data Sheet (MSDS) that is specific to each individual product or material - both the product name and supplier

EXPOSURE DATA

Workplace Area Location	Chemical	Chemical Abstract #	Date

This can be achieved in the workplace by completely enclosing processes and using strict engineering controls.

Personal protective equipment should only be used as a last resort.

The most effective way to fight cancer is to prevent it. The best way to prevent the disease is to eliminate exposure to the substances that cause it!!

Please keep your Journals in a safe place and tell your family members where you keep them in case of emergency.

In some situations, the use of a specific substance is necessary to

