

Kitchen-Safe *Alternatives*

INSECTICIDES

Sustainable Shrive Up Bug Spray

Combine 1 tsp. non-detergent dishwashing liquid with 1 tsp. cooking oil in a spray bottle filled with warm water.

Spray areas where insects have been seen, and spray insects directly.

If spraying onto plants, avoid flowers.

Population Friendly Peppery Insect Spray

2 or 3 hot chili peppers ½ onion 1 clove garlic ½ mild pepper
Place above ingredients in blender with 2 cups water.

Liquefy. Allow to steep 2 days. Strain & add ½ cup of this liquid to 2 cups water in spray bottle.

Spray directly onto insects, avoiding flowers of plants.

HERBICIDES

World Wide Weed Killer

Fill spray bottle with 3 parts highly acidic vinegar (up to 10% acidity, if possible) and 1 part non-detergent dishwashing liquid.

Spray onto broadleaf weeds like dandelions, but shield nearby plants that aren't to be harmed.

FUNGICIDES

Freedom Fungicide

Dissolve 1 tsp. baking soda and 1 tsp. soap flakes (non-detergent) in 1 liter of water.

Spray top and bottom surfaces of plants as well as soil surface.

FERTILIZERS

Greenhouse Gas-less Houseplant Fertilizer

Ingredients: 2 cups red or green Swiss chard leaves coarsely chopped, blender, cheesecloth or a colander.

Place the leaves in the blender. Add hot water to fill and blend thoroughly. Strain the mixture. Add the leaves that are left in the strainer to the soil around the base of your houseplants and drench the soil with the cooled liquid.

This will yield about 8 cups.



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